



# GameChangers: Regenerative Leadership Programme

## February-June 2024

With The Eden Project & Homerton Changemakers, University of Cambridge

Curated and led by Dr Alison Wood

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An intensive programme for accelerating and forging field-changing capacity for regenerative **thinking, leadership and action**..

*'..regenerative thinking, when used in its fullest sense, marks a fundamental shift in thought and action... A 'regenerative' mindset is one that sees the world as built around reciprocal and co-evolutionary relationships, where humans, other living beings and ecosystems rely on one another for health, and shape (and are shaped by) their connections with one another. It recognises that addressing the interconnected social and environmental challenges we face is dependent on rebalancing and restoring these relationships.'* ['What does regenerative thinking mean?'](#) Josie Warden, RSA.

Regenerative systems, rather than those that principally extract or isolate, are the only way to achieve a just & thriving world: everything really is connected. But what do we actually do to usher this in? How do we move to a just, thriving and sustainable world in systems that are highly specialist, bound by current practices of finance, policy, culture and power?

The transition to a regenerative future requires people who are curious about how their selfhood relates to the world around them: are well-equipped with tools for getting things done in ethical, enabling ways; and are deeply familiar with regenerative principles, practices and design - the mental and practical models that will help us move to more balanced, resilient and sustainable ways of living.

The GameChangers programme focuses on regenerative mindsets and action, applicable in any field - from business, policy and arts, to service, governance, community.

**It is designed to be immersive; mostly outdoors (when we can); focused on helping you see, feel and understand regenerative practices; and to help you deeply connect with the world around you.**

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## Structure

**Strand I Selfhood & leadership:** pre-session exercises; selfhood and your ideas of leadership; where and how to place energy and attention; 'rehearsing' relationships and encounters; introduction to regenerative principles

**Strand II Tools for regenerative practice:** influence & persuasion, deep listening, dialogue across profound differences



**Strand III A Global, Regenerative View:** futures literacy, systems awareness, regenerative design and thinking, immersion in a case study (Eden Project)

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## Schedule

<b>2023</b>	Applications open 10 Nov and close 1 Dec Notifications 8 Dec Pre-reading and self-led reflection shared 8 Dec	
<b>Strand I</b>	<b>Selfhood &amp; leadership</b>	
<b>3-4 Feb 2024</b>	Weekend residential @ Homerton College With <a href="#">Johnnie Moore, Unhurried</a>	Deep dive into selfhood and leadership; rehearsing powerful relationships; setting intentions and knowing your direction; introduction to regenerative principles
<b>Strand II</b>	<b>Tools for regenerative practice</b>	
<b>Mar 7</b>	Online Seminar with <a href="#">Dr Victoria Stewart-Jolley</a> , 6pm-9pm	Power & Politics in the Modern World
<b>April 25</b>	Dinner Seminar with <a href="#">Juliet Alexander</a> , 6-9pm, over pizza and beer	Communication, Persuasion, and Media
<b>Strand III</b>	<b>A Global Regenerative View</b>	
<b>16 May</b>	Dinner Seminar with <a href="#">Professor James Walters</a> (LSE), 6-9pm, over pizza and beer	Dialogue Across Deep Difference
<b>18-21 June</b>	Field trip to the <a href="#">Eden Project, Cornwall</a> with <a href="#">Prof Loes Damhof</a> , UNESCO Chair in Futures Literacy <a href="#">Pam Horton</a> , <a href="#">Dan Ryan</a> & <a href="#">Richard Good</a> @ The Eden Project	Regenerative Thinking and Design Principles; Futures Literacy; Systems Awareness
<b>5 July</b>	Self-reflection exercise and end of programme survey due	