

Student Isolation Process

WHAT YOU MUST DO IN THE FOLLOWING CIRCUMSTANCES

Symptomatic
Student feels ill - check symptoms with NHS 111

ADVISE PORTERS LODGE
COVID-19 suspected
Self-isolate and arrange for test through Uni or NHS
REGISTER THROUGH UNIVERSITY ONLINE FORM

Stay in your room unless going for a test or in an emergency
Whole household must self-isolate

Inform Porters of test results

Symptomatic Student
NO KITCHEN USE
If positive, isolate for 10 days from symptoms start date

Rest of Household
Use Kitchen ALONE
observing all recommended sanitising & face covering protocols.
Isolate for 10 days from symptoms start date

Asymptomatic
University testing programme

Consent to University weekly test taken on a Monday.
Results expected on a Tuesday.
If a POSITIVE result, college & student will be notified and whole household to go into isolation

Free to act normally until between test on Monday and results on Tuesday (assuming not already in isolation for some reason)

Positive Result
Another test will be arranged by Uni for individuals in household
NO KITCHEN USE until individual results received

Negative Result
Whole household can resume normal life immediately assuming no symptoms have developed

Inform Porters of test results

Negative Result
Whole household can resume normal life immediately assuming no symptoms have developed

Positive Result
Household and symptomatic student(s) continue isolating for 10 days
NO KITCHEN USE FOR POSITIVE STUDENT(S)
Rest of household can use Kitchen ALONE observing all sanitising & face covering protocols

Test & Trace
Contacted by NHS or University as you've had contact with a positive tested person

ADVISE PORTERS LODGE
Isolate immediately
REGISTER THROUGH UNIVERSITY ONLINE FORM

No Symptoms
Isolate for 10 days from last contact with positive person
Rest of household doesn't need to isolate

With Symptoms
Book a test through NHS or Uni
Rest of household need to isolate

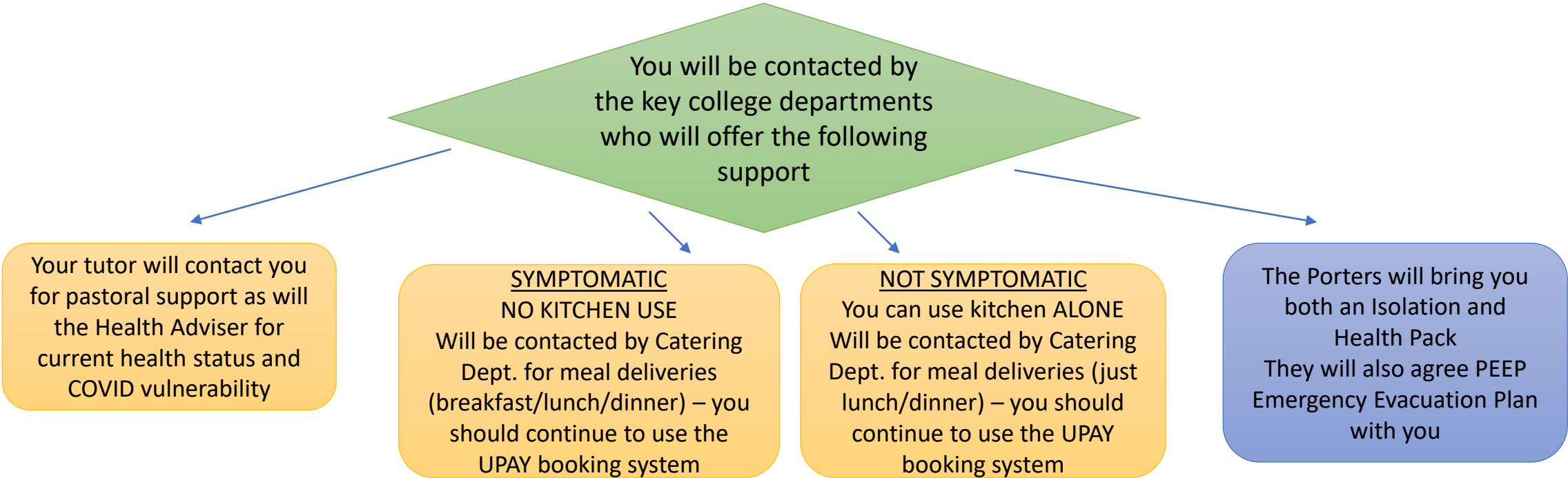
Ok to use kitchen **ALONE** and observing all recommended sanitising & face covering protocols

Follow symptomatic instructions

Once 10 days over and still not symptomatic – free to go
If not, follow symptomatic route

Once test results received:
Isolate for 10 days from symptoms start date for positive person and household

Inform Porters of test results



Student test results received
Student to inform Porters of result

NEGATIVE RESULT
Can resume normal life if everyone in your household is negative/still not symptomatic and you feel well

POSITIVE RESULT
Support structures above continue
ABSOLUTELY NO KITCHEN USE for positive student, **REMAIN IN ROOM UNTIL 10 DAYS AFTER SYMPTOMS STARTED**
If your health deteriorates further, in particular breathing difficulties or an inability to carry out normal day to day activities, contact the Porters
Rest of household to continue isolating for 10 days from the positive student's first symptom

Household pooled test results received
Directly from University Tuesday mornings

NEGATIVE RESULTS
for whole household
Can resume normal life immediately

POSITIVE RESULT
Whole household to isolate
Support system below will commence
All students will have new individual tests arranged by the Uni at Addenbrookes or Engineering Dept

NO KITCHEN USE
Will be contacted by Catering Dept. for meal deliveries (lunch/dinner) – you should continue to use the UPAY booking system

Your tutor will contact you for support as will the Health Adviser

Individual test results received
Directly from University on Wednesday/Thursday

NEGATIVE RESULT
If no individual student tests positive household must remain in isolation until re-testing can take place

POSITIVE RESULT
Support system above continues and meal deliveries increased to include breakfast for positive student only. Meal deliveries allowed for rest of household for lunch/dinner only.
NO KITCHEN USE for positive student, REMAIN IN ROOM UNTIL 10 DAYS AFTER TEST DATE
If your health deteriorates further, in particular breathing difficulties or an inability to carry out normal day to day activities, contact the Porters
Rest of household can use kitchen ALONE but need to isolate for 10 days

The Porters will bring you both an Isolation and Health Pack
They will also agree PEEP Emergency Evacuation Plan with you

You will be contacted by the key college departments who will offer the following support

Your tutor will contact you for pastoral support as will the Health Adviser for current health status and COVID vulnerability

SYMPTOMATIC
NO KITCHEN USE
Will be contacted by Catering Dept. for meal deliveries (breakfast/lunch/dinner) – you should continue to use the UPAY booking system

NOT SYMPTOMATIC
You can use kitchen **ALONE**
Will be contacted by Catering Dept. for meal deliveries (just lunch/dinner) – you should continue to use the UPAY booking system

Porters will bring you both an Isolation and Health Pack
They will also agree PEEP Emergency Evacuation Plan with you

Test results received (if taken because of symptoms)
Student to inform Porters of results

NEGATIVE RESULT
Continue to self-isolate for the rest of the 10 day period since last contact with track & trace positive person
Rest of household can stop isolating if they are not symptomatic

POSITIVE RESULT
Support structures above continue
ABSOLUTELY NO KITCHEN USE for positive student, **REMAIN IN ROOM UNTIL 10 DAYS AFTER SYMPTOMS STARTED**
If your health deteriorates further, in particular breathing difficulties or an inability to carry out normal day to day activities, contact the Porters
Rest of household to continue isolating for 10 days from the positive student's first symptom

USEFUL WEBSITES

When to get a COVID Test

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/>

What to do with test results

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/what-your-test-result-means/>

University Online Monitoring Form

<https://www.cam.ac.uk/coronavirus/stay-safe-cambridge-uni/report-symptoms-and-get-a-test/covid-monitoring-form>

Book NHS COVID Test

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/>

Track & Trace Isolation Information

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/nhs-test-and-trace-if-youve-been-in-contact-with-a-person-who-has-coronavirus/>

Stay Safe Cambridge Uni

<https://www.cam.ac.uk/coronavirus/stay-safe-cambridge-uni>

Gov Stay at Home Guidance

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

USEFUL CONTACTS

Porters Lodge:

- **Telephone:** 01223 747111
- **Email:** porters@homerton.cam.ac.uk

Isolation Team Email:

Hom-Isolation-Team@homerton.cam.ac.uk

College Health Advisor Email:

sc606@homerton.cam.ac.uk

University COVID Helpdesk:

01223 339514 or COVID-Helpdesk@admin.cam.ac.uk